The National University of Advanced Legal Studies (NUALS) was established by Act 27 of 2005 of the Kerala State Legislature. By the same Act, the National Institute for Advanced Legal Studies (NIALS) established by the Bar Council of Kerala Trust in 2002 merged with the NUALS. In 2008, an amendment streamlined the powers and functions of the authorities of the University and ensured the active involvement of the Government of Kerala. The University is recognized by the University Grants Commission under section 2(f) of the UGC Act. It is also a member of the Association of Indian Universities (AIU).

The main objects of the University are: (a) to advance and disseminate learning and knowledge of law and judicial processes, professional legal education and their role in national development; (b) to develop in the student and research scholar a sense of responsibility to serve the society by developing skills with regard to advocacy, legal services, legislation, law reforms etc., and (c) to promote legal and judicial reforms needed to strengthen the administration of justice in India.

The Chief Justice of India is the Visitor and the Chief Justice of Kerala, the Chancellor of NUALS. The NUALS Campus is situated in Kochi - the industrial capital of Kerala and the seat of the Kerala high court - in a 10 acre plot in the Kinfra Hi-Tech Park at Kalamassery. At present the Academic Block, Hostels for Boys and Girls, Amenities Centre and Faculty Apartments are operational. The construction of the Administrative Block and library Block, with assistance from the UGC and State Government, is in progress. The NUALS campus provides adequate academic infrastructure - dedicated internet access, Wi-Fi Connectivity, on-line legal resources including Hein online, Westlaw India and Manupatra, a computer lab, besides a good collection of standard books and reports, both foreign and Indian.

To make the study of law relevant to social needs and encourage focused research, the University has established the following centres of study and research:
Centre for Law and Agriculture
Centre for Law and Development
Centre for Parliamentary Studies and Law Reforms
Inter-disciplinary Centre for Police Studies
Centre for Continuing Legal Education and Extension
Centre for Consumer Protection Law and Policy