In April 2012 to pursue the vision of H.H. Dr. Swami Rama, a proposal for establishing a University was put before the Government of Uttarakhand by Himalayan Institute Hospital Trust, a Society registered under the Societies Registration Act 1860.

The 'Himalayan University Bill, 2012' was passed by Uttarakhand Legislative Assembly on December 11th, 2012 and HE the Governor of Uttarakhand granted his assent on February 13th, 2013, the Bill thereby becoming an Act (Constituted under Notification No. 62/XXXVI (3)/2013/66(1)/2012, Dated 15 February 2013, Vidhayee & Sansdiya Karya Vihag, Uttarakhand Shasan) Governed by The Himalayan University Act, 2012 (Uttarakhand Adhiniyam Sankhya 12 of 2013). The University came into existence on March 12th, 2013 when the Himalayan University Act was implemented.

In the wake of another University being established with the same name (Himalayan University) in Arunanchal Pradesh, the Board of Governors of the University resolved to change the name of the University from 'Himalayan University' to 'Swami Rama Himalayan University' to avoid any ambiguity.

The 'Himalayan University (Amendment) Bill 2013' was passed by the Uttarakhand Legislative Assembly on September 20th, 2013 and HE the Governor of Uttarakhand granted his assent on September 30th, 2013. Now the University is known by the name of 'Swami Rama Himalayan University'.

The 'Swami Rama Himalayan University' is being established with an objective to provide for instruction, teaching, training and research in such branches of study as the University deems appropriate including medical sciences, dental sciences, nursing, pharmacy, paramedical and allied health sciences, science, engineering & technology, biotechnology, yoga sciences, management, rural development, humanities and other branches of higher education.