

# S-VYASA DEEMED UNIVERSITY

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Vivekananda Yoga Anusandhana Samsthana or VYASA is a registered charitable institution (1986) working for making Yoga as a socially relevant Science. Based on the teachings of Swami Vivekananda the four streams of Yoga with unity in their diversity, the key essence of Indian culture, applications of Yoga to bring health, harmony, peace the world over are now spread across the globe in nearly 30 countries.

The mission of VYASA is to combine the best of the East (Yoga and Spiritual lore) with that of the West (modern scientific research). Taking into the performance of this Institution in conducting Short Term and Long Term Courses on Yoga and its allied subjects (and on affiliating to 4 universities from 1990 to 2001) including the Bangalore University), the UGC named S-VYASA in 2002 as a Deemed to be University under Section 3 of the UGC Act 1956.

S-VYASA, the acronym of Swami Vivekananda Yoga Anusandhana Samsthana is a unique Yoga University translating the vision and teachings of Swami Vivekananda to action through academic higher education programs. It is also the First ISO 2001:2008 Certified Yoga University.

## *Objectives*

- To provide for instructions and training in Yoga and Spiritual lore as propounded by Swami Vivekananda, the famous Indian monk who heralded the grandeur of Sanatana Dharma (the Laws of Creation) in the West through his epoch-making speech in the Parliament of Religions on Sep 11, 1893 for total Personality Development.
- To provide for research and for the advancement and dissemination of all the streams of yoga and its applications to offer solutions for major challenges of the Globe.
- To undertake extra-mural studies, extension programs and field-outreach activities to contribute to bring Peace, Poise, Harmony, Love, Health & Happiness.
- To do all such other acts and things as may be necessary or desirable to further the objectives of the University.