Christ University, formerly Christ College (Autonomous) affiliated to Bangalore University was established in July 1969. It became the most preferred educational institution in the city of Bangalore within the first three decades.

From 1990 onwards it has scaled greater heights. Due to the introduction of innovative and modern curricula, insistence on academic discipline, imparting of Holistic Education, a team of creative and dedicated staff, the institution has been continually rated amongst the top 10 educational institutions of the country.

It has the rare distinction of being the first institution in Karnataka to be accredited by National Assessment and Accreditation Council (NAAC) UGC for quality education. In 2004, UGC conferred Autonomy on the Institution.

In 2005, it became the first College in South India to be reaccredited with A+ by NAAC. UGC identified it as an Institution with Potential for Excellence in 2006.

On July 22, 2008, a glorious day in the history of the Institution, the Ministry of Human Resources Development, Union Government of India, under Section 3 of the UGC Act, 1956, vide Notification No. F. 9-34/2007-U.3(A), declared it a Deemed to be University, in the name and style of Christ University.